



ESTABLISHED EXCELLENCE

Where Beauty Meets Health, and Wellness Becomes a Lifestyle.

Expert-led medical aesthetics and primary care tailored to your unique journey.

BOOK YOUR APPOINTMENT

EXPLORE TREATMENTS



THE PHILOSOPHY

Welcome to Healthy Outcomes

We offer advanced health and aesthetic treatments designed to help you look, feel, and function at your very best. Whether you're seeking primary care, body sculpting, hormone optimization, skin rejuvenation, or support with weight management, our compassionate team is here to guide you with expert-led, personalized clinical care.

At Healthy Outcomes, we're committed to real results, elevated experiences, and walking alongside you every step of your wellness journey.

MEET OUR SPECIALISTS

CURATED TREATMENTS

Elevate Your Being



CoolSculpting Elite



Hormone Therapy



Primary Care

Non-invasive body contouring designed for precise, natural-looking fat reduction.

[DISCOVER →](#)

Bioidentical solutions to restore balance and vitality from within.

[DISCOVER →](#)

Attentive, direct medical care focusing on long-term wellness outcomes.

[DISCOVER →](#)



IV Therapy

Direct infusion of essential vitamins and minerals for immediate hydration.

[DISCOVER →](#)



Weight Management

Medical-grade protocols to help you achieve and maintain your ideal weight.

[DISCOVER →](#)



Aesthetics

Customized facials and chemical peels to restore your skin's natural glow.

[DISCOVER →](#)

Our Clients Saying

Real stories of transformation and care from our dedicated wellness community.

[SEE MORE REVIEWS!](#)



"I came in for CoolSculpting and stayed for the IV Therapy. The staff is so knowledgeable and the environment is pure peace."

— MICHAEL R., LAYTON



"The level of care at Healthy Outcomes is unparalleled. They don't just treat symptoms; they look at your entire lifestyle. I feel better than I have in years."

— SARAH J., SEDONA

Begin Your Transformation

Secure your consultation today. Our specialists are ready to design a bespoke treatment plan tailored specifically to your aesthetic and health goals.

📍 Sedona, AZ

🕒 Mon : By Appointment Only
Tues - Thur : 8:00 AM - 4:00 PM
Fri : By Appointment Only
Sat - Sun : Closed

📍 Prescott, AZ & Layton, UT

🕒 By Appointment Only

A contact form overlay with a teal background and a pink flower. The form includes fields for Full Name, Email, and Message, a reCAPTCHA, and a Submit button. Below the form are two checkboxes for consent to receive text messages.

Full Name *

Email *

Message

Message

Captcha

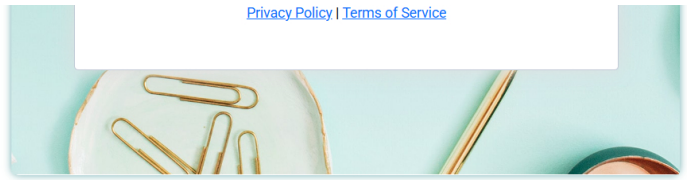
☐ I'm not a robot

reCAPTCHA

Submit

☐ By checking this box, I consent to receive non-marketing text messages from **healthy outcomes** about **appointments or questions**. Message frequency varies, message & data rates may apply. Text HELP for assistance, reply STOP to opt out.

☐ By checking this box, I consent to receive marketing and promotional messages including special offers, discounts, new product updates among others from **Healthy Outcomes** at the phone number provided. Frequency may vary. Message & data rates may apply. Text HELP for assistance, reply STOP to opt out.



AANP
American Association of
Nurse Practitioners

BOTOX
COSMETIC
onabotulinumtoxinA
injection



INTERNATIONAL
IV NUTRITIONAL THERAPY
Nurses' Practice Education

JUVÉDERM®
VOLUMA™ XC

VIOIRA



Please call or text to schedule or
inquire about our office locations.

📞 AZ: 928-848-1451
📞 UT: 385-367-5178

SEDONA

2445 West State Route 89A Suite
4 Sedona, AZ 86336

OFFICE HOURS:

Mon : By Appointment Only
Tues - Thur : 8:00 AM - 4:00 PM
Fri : By Appointment Only
Sat - Sun : Closed

PRESCOTT

1456 W Gurley Street Prescott, AZ
86305

OFFICE HOURS:

By Appointment Only

LAYTON

579 Heritage Park Blvd Suite 240C
Layton, UT 84041

OFFICE HOURS:

By Appointment Only

